

Celebrating together.



The Australian Asian
Association of WA Inc

Triple A Care

HOME AND COMMUNITY CARE
PROGRAMME (HACC)

Fees:

The programme is obligated to charge fees in line with the HACC Standardized Fee Policy for the services it provides. The capacity to pay will be determined at the time of assessment with the Regional Assessment Service and the level of fee will be discussed with you by the HACC Coordinator at the Australian Asian Association.

For further information please contact:
Ms Sarogini Fernando (08) 9328 7688



Centre Open:

Tuesday: 9:30am 2:30pm
Middle Eastern Group
Wednesday: 9:30am 2:30pm
South West Asian Group
Thursday: 9:30am 2:30pm
Spanish Speaking Group

For further information or clarification call:

Ms Sarogini Fernando on
08 9328 7688

Ms Olga Ramasamy on
08 9328 6202

Australia Asia House
275 Stirling St, Perth



FUNDED BY THE COMMONWEALTH
DEPARTMENT OF HEALTH AND AGEING



HACC CENTRE BASED DAY CARE

FOR MIDDLE EASTERN, SPANISH SPEAKING AND SOUTH WEST ASIAN GROUP

Within a Wellness Framework, the HACC Programme seeks to maximise the independence of eligible frail older people and younger people with disabilities so as to prevent premature admission to long term residential care.

The HACC Program under the umbrella of the Australian Asian Association of WA, commenced in 2004. This Programme is available to the frail aged, and younger persons with disabilities from the Indian, Sri Lankan, Burmese, Filipino, Malaysian, Singaporean, Pakistani, Bangladeshi, Thailand, Russian, Middle Eastern and Spanish speaking communities.

Eligibility for HACC services is determined by the WA Assessment Framework via the Commonwealth Carelink Centre and Regional Assessment Service in your region. The assessment identifies with you the areas in which you need support and plans individualized goals with you for the services you may receive.

Our Services include:

A. Domestic Assistance:

- House Cleaning
- Meal Preparation
- Washing and Ironing
- Social Support:
Accompany clients to and from shopping and medical appointments, develop opportunities for social company with others in your local community.

B. Centre Based Day Centre

The aim of the Centre Based Day Care is to provide relief for the primary carer and also encourage the care receiver to go out and enjoy the company of other people and have a wholesome ethnic meal, and indulge in other centre based activities to improve their health or intellect.

Transport can be arranged to and from place of residence depending on clients' needs and circumstances. The centre operates from 9:30am to 2:30pm from Australia Asia House. On arrival they will be met by staff and provided with tea/coffee etc.. During the rest of the day they will be encouraged to participate in light exercises, dancing, Tai chi and any other suitable activities. Clients will be provided with a home cooked meal prepared by the Australian Asian Association.



Exercise in progress.



Enjoying a home-cooked meal.

Occasionally outings and excursions are organised, so that clients can proceed outside the centre based atmosphere for a change of scene. Here too, we will be conscious of travel time and the physical needs of the client.